



**NOTICE TO PARENTS AND STAFF MEMBERS:** Camp Louise is not responsible for lost, stolen or damaged personal belongings. Please make sure you are covered against fire, loss and theft in your insurance policy. If the value of baggage exceeds coverage, take out additional insurance for the duration of your daughter's stay at camp.

**IMPORTANT:** All belongings and articles of clothing are to be marked carefully with your daughter's full name. Printed name tapes should be attached or the name marked with indelible ink. Tennis racquet, shoes, camping equipment, camera, eyeglass case and luggage should be marked also. All items of clothing should be sent in sufficient amounts to ensure cleanliness, neatness and appropriateness for differing weather conditions. No gum, electric fans, skateboards, scooters, pocket knives, TV's, VCR's, cellular phones or expensive electronic games are allowed.

SUGGESTED NO.	ITEM	NO. SENT	SUGGESTED NO.	ITEM	NO. SENT
1	Lightweight jacket	.....	*1 pair	Flip-flops (for shower use only)	.....
3 Pairs	Slacks/jeans	.....	1	Water bottle/canteen	.....
8 Pairs	Shorts	.....	1	Deodorant	.....
10 - 12	Blouses or tops	.....		Sanitary napkins/tampons	.....
3	Sweaters/sweatshirts or warm jacket	.....	1	Flashlight and batteries	.....
2 Pairs	White shorts (For Shabbat)	.....	2	White T-shirts for tie dye/silk screening	.....
1 Pair	White slacks (For Shabbat)	.....	1 package	Stationery with stamps, pens, pencils	.....
3	White blouses (For Shabbat)	.....			
1 Pair	Rubber soled shoes for swimming	.....	*1	Tennis racquet and balls	.....
1 Pair	Sturdy walking shoes	.....	*1	Softball glove	.....
2 Pairs	Tennis shoes (an extra "old" pair would also be useful)	.....	*1	Sleeping bag	.....
1 Pair	Bedroom slippers	.....	*1	Backpack for hiking AND for carrying personal items around camp	.....
10-12 Pairs	Socks	.....			
1	Raincoat or poncho & hat and/or hooded rain jacket	.....	*1	Camera and film	.....
*1	Umbrella	.....	*1	Inexpensive watch	.....
10-12 pairs	Underpants	.....	*2 Pairs	Leotards and/or tights	.....
5-6	Bras	.....	*1 Pair	Ballet slippers/tap shoes	.....
1	Bathrobe	.....	*1	Musical instrument	.....
2 Pairs	Lightweight pajamas	.....	*1 Pair	Swimming goggles	.....
2 Pairs	Flannel pajamas	.....	1 Extra pair	Eyeglasses, if used	.....
1	Skirt	.....	*1 Pair	In-line skates and all safety gear, if you plan to participate in the program (see page 2) (helmet, wrist guards, elbow and knee pads)	.....
1	Dress outfit for banquets	.....			
2 minimum	Swim suits	.....	*1	Masquerade costume (for special events)	.....
1	Terry robe and/or beach towels	.....			
6 minimum	Towels & washcloths	.....			
*1	Shoe bag	.....			
2	Laundry bags	.....			
1	Shower cap	.....			
1 box	Tissues	.....			
1	Toothbrush in case	.....			
1 Tube	Toothpaste	.....			
1 Bottle	Liquid soap - or soap and case	.....			
1	Comb and brush	.....			
1	Shampoo	.....			
1 or 2 bottles	Sunscreen	.....			
1 Container	Insect repellent - non aerosol - 10 to 30 percent DEET for campers; up to 50 percent for adults	.....			

\* Starred items optional, according to your daughter's interests. Your daughter's belongings should be packed in a small foot locker or a suitcase that can be kept under the bed. Large bulky trunks are difficult to handle at camp. Check this list before you close trunk. If you plan to ship your daughter's trunk, please do so early. Address it to:

(Daughter's Name)  
Camp Louise  
24959 Pen Mar Road  
Cascade, Maryland 21719.

Enclose one copy of this list in trunk or suitcase, and keep one copy at home.