



CAMP LOUISE

Suggested Clothing List

NOTICE TO PARENTS AND STAFF MEMBERS: Camp Louise is not responsible for lost, stolen, or damaged personal belongings. Please make sure you are covered against fire, loss and theft in your insurance policy. If the value of baggage exceeds coverage, take out additional insurance for the duration of your daughter's stay at Camp.

IMPORTANT: All belongings and articles of clothing are to be marked carefully with your daughter's full name. Printed name tapes should be attached, or the name marked with indelible ink. All items should be sent in sufficient amounts to ensure cleanliness, neatness and appropriateness for varying weather conditions. **Gum, electric fans, scooters, pocket knives, electronics with screens - including TVs, DVD players, cell phones and other electronics (PSPs, iPod Touches, iPads, Laptops, etc.) are not allowed.**

Enclose one copy of this list in the duffle bag, and keep one copy at home.

SUGGESTED NO.	ITEM	NO. SENT	SUGGESTED NO.	ITEM	NO. SENT
CLOTHING			MISCELLANEOUS		
1	Lightweight jacket	1 Container	Insect repellent – non aerosol – 10 to 30 percent DEET for Campers; up to 50 percent for adults
3 Pairs	Pants/jeans	1	Sunglasses
8 Pairs	Shorts	1	Water bottle
10-12	T-Shirts or tops	1 Extra pair	Eyeglasses, if used
2	Sweatshirts or warm jacket	1	Flashlight and batteries
2 Pairs	White shorts (For Shabbat)	2	White T-shirts for tie dying
1 Pair	White pants (For Shabbat)	1	Stationery with stamps, pens, pencils, mailing labels
3	White shirts (For Shabbat)	1	Sleeping bag
2 Pairs*	Tennis shoes (an extra "old" pair would also be useful)	1	Backpack for hiking/carrying personal items around camp
1 Pair	Sandals with backs (i.e. Texas)	OPTIONAL ITEMS		
10-12 Pairs	Socks		Books and Magazines
1	Raincoat		Games for bunk activities (i.e. Jacks)
10-12 pairs	Underpants		Inexpensive music player (must be screenless)
6-8	Bras/sports bras		Tennis racquet and balls
1	Dress outfit for Cab Night (celebration on the last night)		Softball glove
2 Pairs	Lightweight pajamas		Camera (inexpensive)
2 Pairs	Warm pajamas (sweatpants)		Inexpensive watch
4	Swimsuits		Leotards and/or tights
6	Towels (Beach and Shower)		Ballet slippers, tap shoes, or character shoes
TOILETRIES				Musical instrument
2	Laundry bags (mark with name) Note: Do not bring mesh bags.		Swimming goggles
1 box	Tissues		Umbrella
1	Toothbrush in case		Flip-flops (for shower use only)
1 Tube	Toothpaste		Shoe bag (for extra storage)
1	Body Soap	TRAINEE OVERNIGHT TRIPS		
1	Comb and brush		ST: an overnight bag
1	Shampoo/Conditioner		CA: an overnight bag, extra pair of old shoes that can get wet/muddy
1	Deodorant		CIT: You will receive an email before camp with a specific packing list for overnight.	
1	Plastic shower caddy			
1-2 bottles	Sunscreen			
	Feminine Hygiene Products			
LINENS			Your daughter's belongings should be PACKED IN A DUFFLE BAG (2 bag limit). If you plan to ship your daughter's duffle bag, please do so early. Address it to: (Daughter's Name) Camp Louise 24959 Pen Mar Road Cascade, Maryland 21719		
2 sets	Twin sheets & pillowcases			
1-2	Pillows			
1-2	Blankets or comforters			

*All shoes must have backs, except for shower flip flops
Please DO NOT pack or bring food to Camp!