



# CAMP LOUISE

## Suggested Packing List

**Notice to parents and staff members:** Camp Louise is not responsible for lost, stolen, or damaged personal belongings. Please make sure you are covered against fire, loss and theft in your insurance policy. If the value of the baggage exceeds coverage, take out additional insurance for the duration of your camper's stay.

**Important:** All belongings and articles of clothing are to be marked carefully with your camper's full name. Printed name tags should be attached or the name marked with Sharpie. All items should be sent in sufficient amounts to ensure cleanliness, neatness and appropriateness for varying weather conditions. **Gum, electric fans, and electronics with screens - including handheld game devices, iPod touches, iPads, laptops, and Apple watches - are NOT allowed.**

*Enclose one copy of this list in the duffle bag and keep one copy at home.*

SUGGESTED NO.	ITEM	NO.SENT	SUGGESTED NO.	ITEM	NO.SENT
CLOTHING			MISCELLANEOUS		
10-12	Underpants	.....	1	Backpack	.....
10-12 pairs	Socks	.....	2	Water bottles	.....
1 pair	Tall socks for outdoors/other activities	.....	2	Laundry bags (mark with name, no mesh bags)	.....
6-8	Bras/sports bras	.....	1	Sunglasses	.....
10-12	T-shirts or tops	.....	1	Insect repellent (non-aerosol - 10 to 30% DEET for campers)	.....
2	White T-shirts for tie-dye	.....		Flip-flops (for shower use only)	.....
1	Lightweight jacket	.....	1	Sleeping bag (required for grades 2-6, CAs, CITs - optional for everyone else)	.....
2	Sweatshirts	.....	1	Sharpie for extra name tags	.....
1	Raincoat	.....	1	Battery operated fan	.....
10-12	Shorts	.....	1	Flashlight with batteries	.....
3	Pants/jeans/sweatpants	.....	1	Swimming goggles	.....
2	Tennis shoes (an extra "old" pair would also be useful)	.....		Stationery with stamps, pens, pencils, mailing labels	.....
1	Sandals with backs (i.e. Tevas/Chacos/Crocs)	.....	OPTIONAL ITEMS		
2	Lightweight pajamas	.....		Extra pair of eyeglasses (if used)	.....
2	Warm pajamas	.....		Books and magazines	.....
4	Swimsuits	.....		Games for bunk activities (i.e. jacks, cards, etc.)	.....
1-2	Dressy outfits for Cab Night (last night of each session)	.....		Screenless music player/headphones	.....
SHABBAT CLOTHING				Umbrella	.....
3	White shirts	.....		Sports equipment for rest time (i.e. field hockey sticks, tennis racquet, softball glove, balls, etc.)	.....
2	White shorts	.....		Hanging shoe bag for extra storage	.....
1	White pants	.....		Camera	.....
1	White sweatshirt	.....		Watch	.....
LINENS				Leotards/tights	.....
6	Towels (Beach, shower)	.....		Ballet slippers, tap shoes, or character shoes	.....
1-2	Pillows	.....		Bathrobe/slippers	.....
2	Twin sheet sets with pillowcases	.....		Bed egg crate	.....
1-2	Blankets or comforters	.....		Musical instruments	.....
TOILETRIES				Color games clothes and accessories (colors are usually red, blue, green, yellow)	.....
1	Plastic shower caddy	.....	OVERNIGHT TRIPS - for Trainee Division (Grades 10-12)		
1	Toothbrush with case	.....	Additional lists will be sent out closer to camp.		
1	Toothpaste	.....			
1	Hairbrush/comb	.....			
1	Body wash	.....			
1	Shampoo/conditioner	.....			
1	Deodorant	.....			
1-2	Bottles of sunscreen	.....			
1	Box tissues	.....			
	Feminine hygiene products	.....			

\*All shoes must have backs, except for shower shoes.

\*Please **DO NOT** pack or bring food to Camp!

Your camper's belongings should be packed in a duffle bag (2 bag limit). If you plan to ship your camper's duffle bag(s), please do so early. Address to:

(Camper's Name)  
Camp Louise  
24959 Pen Mar Road  
Cascade, Maryland 21719