



CAMP LOUISE

Suggested Packing List

Notice to parents and staff members: Camp Louise is not responsible for lost, stolen, or damaged personal belongings. Please make sure you are covered against fire, loss and theft in your insurance policy. If the value of the baggage exceeds coverage, take out additional insurance for the duration of your camper's stay.

Important: All belongings and articles of clothing are to be marked carefully with your camper's full name. Printed name tags should be attached or the name marked with Sharpie. All items should be sent in sufficient amounts to ensure cleanliness, neatness and appropriateness for varying weather conditions. **Gum, electric fans, and electronics with screens - including handheld game devices, iPod touches, iPads, laptops, and Apple watches - are NOT allowed.**

Enclose one copy of this list in the duffle bag and keep one copy at home.

SUGGESTED NO.	ITEM	NO.SENT	SUGGESTED NO.	ITEM	NO.SENT
CLOTHING			MISCELLANEOUS		
10-12	Underpants	1	Backpack
10-12 pairs	Socks	2	Water bottles
1 pair	Tall socks for outdoors/other activities	2	Laundry bags (mark with name, no mesh bags)
6-8	Bras/sports bras	1	Sunglasses
10-12	T-shirts or tops	1	Insect repellent (10 to 30 percent DEET for campers)
2	White T-shirts for tie-dye			
1	Lightweight jacket	1	Flip-flops (for shower use only)
2	Sweatshirts	1	Sleeping bag (required for grades 2-6, CAs, CITs - optional for everyone else)
1	Raincoat			
10-12	Shorts	1	Sharpie for extra name tags
3	Pants/jeans/sweatpants	1	Battery operated fan
1	Athletic pants/leggings for Aerial Arts	1	Flashlight with batteries
2	Tennis shoes (an extra "old" pair would also be useful)	1	Swimming goggles
1	Sandals with backs (i.e. Tevas/Chacos/Crocs)	OPTIONAL ITEMS		
2	Lightweight pajamas		Extra pair of eyeglasses (if used)
2	Warm pajamas		Books and magazines
4	Swimsuits		Games for bunk activities (i.e. jacks, cards, etc.)
1-2	Dressy outfits for Cab Night (last night of each session)		Screenless music player/headphones
SHABBAT CLOTHING				Umbrella
3	White shirts		Sports equipment for rest time (i.e. field hockey sticks, tennis racquet, softball glove, balls, etc.)
2	White shorts		Hanging shoe bag for extra storage
1	White pants		Camera
1	White sweatshirt		Watch
LINENS				Leotards/tights
6	Towels (Beach, shower)		Ballet slippers, tap shoes, or character shoes
1-2	Pillows		Bathrobe/slippers
2	Twin sheet sets with pillowcases		Bed egg crate
1-2	Blankets or comforters		Musical instruments
TOILETRIES				Color games clothes and accessories (colors are usually red, blue, green, yellow)
1	Plastic shower caddy	<p>Your camper's belongings should be packed in a duffle bag (2 bag limit). If you plan to ship your camper's duffle bag(s), please do so early. Address to:</p> <p>(Camper's Name) Camp Louise 24959 Pen Mar Road Cascade, Maryland 21719</p>		
1	Toothbrush with case			
1	Toothpaste			
1	Hairbrush/comb			
1	Body wash			
1	Shampoo/conditioner			
1	Deodorant			
1-2	Bottles of sunscreen			
1	Box tissues			
	Feminine hygiene products			

*All shoes must have backs, except for shower shoes.
*Please **DO NOT** pack or bring food to Camp!