



CAMP LOUISE

Suggested Packing List

Notice to parents and staff members: Camp Louise is not responsible for lost, stolen, or damaged personal belongings. Please make sure you are covered against fire, loss and theft in your insurance policy. If the value of the baggage exceeds coverage, take out additional insurance for the duration of your camper's stay.

Important: All belongings and articles of clothing are to be marked carefully with your camper's full name. Printed name tags should be attached or the name marked with Sharpie. All items should be sent in sufficient amounts to ensure cleanliness, neatness and appropriateness for varying weather conditions. **Gum, electric fans, and electronics with screens - including handheld game devices, iPod touches, iPads, laptops, and Apple watches - are NOT allowed.**

Enclose one copy of this list in the duffle bag and keep one copy at home.

SUGGESTED NO.	ITEM	NO.SENT	SUGGESTED NO.	ITEM	NO.SENT
CLOTHING			MISCELLANEOUS		
10-12	Underpants	1	Backpack
10-12 pairs	Socks	2	Water bottles
1 pair	Tall socks for outdoors/other activities	2	Laundry bags (mark with name, no mesh bags)
6-8	Bras/sports bras	1	Sunglasses
10-12	T-shirts or tops	1	Insect repellent (non-aerosol - 10 to 30 percent DEET for campers)
2	White T-shirts for tie-dye	1	Flip-flops (for shower use only)
1	Lightweight jacket	1	Sleeping bag (required for grades 2-6, CAs, CITs - optional for everyone else)
2	Sweatshirts	1	Sharpie for extra name tags
1	Raincoat	1	Battery operated fan
10-12	Shorts	1	Flashlight with batteries
3	Pants/jeans/sweatpants	1	Swimming goggles
1	Athletic pants/leggings for Aerial Arts	OPTIONAL ITEMS		
2	Tennis shoes (an extra "old" pair would also be useful)		Extra pair of eyeglasses (if used)
1	Sandals with backs (i.e. Tevas/Chacos/Crocs)		Books and magazines
2	Lightweight pajamas		Games for bunk activities (i.e. jacks, cards, etc.)
2	Warm pajamas		Screenless music player/headphones
4	Swimsuits		Umbrella
1-2	Dressy outfits for Cab Night (last night of each session)		Sports equipment for rest time (i.e. field hockey sticks, tennis racquet, softball glove, balls, etc.)
SHABBAT CLOTHING				Hanging shoe bag for extra storage
3	White shirts		Camera
2	White shorts		Watch
1	White pants		Leotards/tights
1	White sweatshirt		Ballet slippers, tap shoes, or character shoes
LINENS				Bathrobe/slippers
6	Towels (Beach, shower)		Bed egg crate
1-2	Pillows		Musical instruments
2	Twin sheet sets with pillowcases		Color games clothes and accessories (colors are usually red, blue, green, yellow)
1-2	Blankets or comforters	OVERNIGHT TRIPS - for Trainee Division (Grades 10-12)		
TOILETRIES			Additional lists will be sent out closer to camp.		
1	Plastic shower caddy	Your camper's belongings should be packed in a duffle bag (2 bag limit). If you plan to ship your camper's duffle bag(s), please do so early. Address to: (Camper's Name) Camp Louise 24959 Pen Mar Road Cascade, Maryland 21719		
1	Toothbrush with case			
1	Toothpaste			
1	Hairbrush/comb			
1	Body wash			
1	Shampoo/conditioner			
1	Deodorant			
1-2	Bottles of sunscreen			
1	Box tissues			
	Feminine hygiene products			

***All shoes must have backs, except for shower shoes.**

***Please DO NOT pack or bring food to Camp!**